



February

Kids Fit Schedule

Childcare Hours:

Mon-Fri 8:00am-1:00pm
 4:00pm-8:00pm
 Sat 8:00am- 12:00pm
 Sun 12:00pm-4:00pm

Facility Hours:

Mon-Fri 5:00am-10:00pm
 Sat 8:00am-8:00pm
 Sun 12:00pm-6:00pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Stretch-n-grow 10:30am-11:00am 3-6 yrs old		Extreme PE 10:30am-11:00am 3-6 yrs old			Step-Strength- Stretch 10:30am-11:15am 5-12 yrs old
Kids In Motion 11:00am-11:30am 3-6 yrs old		Stretch-n-Grow 11:00am-11:30am 3-6 yrs old			
	Cheerleading 4:00pm- 4:30pm 3-6 yrs old			<i>Parents Night Out</i> February 12th 6pm-10pm Sign up in Kids Zone	
Yoga 4:45pm-5:15pm 6-12 yrs old	Circuit 4:45pm-5:15pm 6-12 yrs old	Extreme PE 4:45pm-5:15pm 6-12 yrs old	Yoga 4:45pm-5:15pm 6-12 yrs old		
Strength-n- Stretch 5:20pm-6:00pm 6-12 yrs old	Boot Camp 5:20pm-6:00pm 6-12 yrs old	Circuit 5:20pm-6:00pm 6-12 yrs old	Boot Camp 5:20pm-6:00pm 6-12 yrs old		
Extreme PE 6:00pm-6:30pm 6-12 yrs old	Strength-n- Stretch 6:00pm-6:30pm 6-12 yrs old	Strength-n- Stretch 6:00pm-6:30pm 6-12 yrs old	Circuit 6:00pm-6:30pm 6-12 yrs old		